

**Recipe Name** Fried Dumplings  
**Servings** 2  
**Cook Time**  
**Calories** Cedric Kelly

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### Ingredients

10 ml Canola Oil (for frying)	10 milligrams
500 ml Water	500 milligrams
43 g Sesame Oil	43 grams
38 g Ginger	38 grams
112 g Dumplings	112 grams
53 g Maggi® Oyster sauce	53 grams
12 ml Balsamic Vinegar	12 milligrams

### Directions

**Step 1 Cooking** Pour in 100 ml water and cover the pan with a lid. Let the dumplings steam until the water dries up.

**Step 2 Cooking** Heat pan and add 1 tablespoon of canola oil. Place the dumplings on the pan, on medium heat.

**Step 3 Cooking** To prepare sauce, heat sesame oil in a frying pan and add Maggi oyster sauce.

**Step 4 Cooking** Garnish oyster Sauce with some sesame seeds and sprinkle some lime juice, if required.

### Nutrition Info Per Serving

Saturated Fats 4 gm  
Sodium 1015 mg  
Added Sugar 0 Tbsp  
Sugars 1 gm  
Fiber 4 gm  
Fats 24 gm  
Protein 7 gm  
Carbohydrates 45 gm  
Energy 417 kcal